

ALGT Swim CUP 25: Session: 1: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 Relay line-up input: The listed starttimes are indicative!

Coaches: Peeters Vincent HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 200M FREESTYLE WOMEN 11+							Heat:12, starttime: 10:14	
Heat: 12/15 Lane : 5 Athlete: MOREELS NINA							Q-time: 02:16:81	
PB (25m pool): 02:16.30 Mol 15/10/2023							PB (50m pool): 02:16.81 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:16.30
	no time							
								

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+							Heat:15, starttime: 10:22	
Heat: 15/15 Lane : 5 Athlete: METZEMAKERS LéA							Q-time: 02:02:18	
PB (25m pool): 02:02.18 Gent(Sint-Amandsberg) 11/11/2024							PB (50m pool): 02:05.01 SB: 02:04.56 Gent 09/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.05		01:00.03		01:31.81		02:02.18
	00:29.05			00:30.98			00:31.78	
								

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 11+							Heat:7, starttime: 11:25	
Heat: 7/8 Lane : 6 Athlete: HEYRMAN TIGO							Q-time: 02:20:29	
PB (25m pool): 02:09.96 Kalmthout 30/04/2023							PB (50m pool): 02:17.72 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:09.96
	no time							
								

Coach feedback:

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Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:9, starttime: 12:02	
Heat: 9/9 Lane : 4 Athlete: METZEMAKERS Léa							Q-time: 02:14:10	
PB (25m pool): 02:14.10 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 02:23.15 SB: 02:16.93 Gent 09/11/2025								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.21		01:06.45		01:40.63		02:14.10
	00:32.21		00:34.24		00:34.18		00:33.47	
								

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+							Heat:7, starttime: 12:30		
Heat: 7/7 Lane : 1 Athlete: GENBRUGGE ÉLÉA							Q-time: 01:09:14		
PB (25m pool): 01:09.14 Antwerpen 12/10/2025							PB (50m pool): 01:09.12 SB: 01:09.14 Antwerpen 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M					
PB		00:31.10		01:09.14					
	00:31.10		00:38.04						
									

Coach feedback: